Spring Break

Family Activity Book



My vacation journal

Place: _____

Date: M T W T F S S ...../...../.....

Favorite part of the day



Agenda for today

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Special memory

Yummy food I ate today

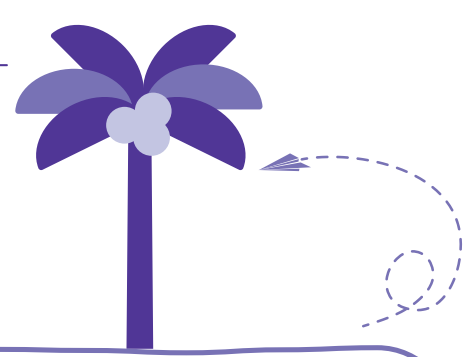
_____

_____

_____

_____

_____



Today's star rating

★ ★ ★ ★ ★

Travel packing checklist



Clothes/Shoes

- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]

Documents

- [ ]
- [ ]
- [ ]
- [ ]
- [ ]

First aid kit

- [ ]
- [ ]
- [ ]
- [ ]

Toiletries

- [ ]
- [ ]
- [ ]
- [ ]
- [ ]

Appliances

- [ ]
- [ ]
- [ ]
- [ ]



Spring word search



Z E A A P R I L U J T I U G
X A I M E W H Z Z B T S V B
Z K E E I L I L P I C N I C
M S R I X S B K N W B I N F
V T H N S O C H E E R O A B
L L A S K L H B A H N Q T U
T O R E J B Y T J S M D U D
A T M C M I X V N X Y V R S
E E O T T R G S S H J Q E U
U X N S H D L A W M S Q W K
J G Y P U S R Z L B E R W T
E R Z S P R I N G O M L S B
P A P A C S R W M C S E L S
I S R A I N U B F V N H P V
D S Q L O T C N Q X K Q E A
D A M J I D P F H R U O N S



APRIL
SUN
BIRDS
HARMONY
NATURE
GALOSHES
PICNIC
NEST

BUDS
INSECTS
CHEER
TREE
RAIN
SPRING
SMELL
GRASS



Answer:

Road trip

b i n g o

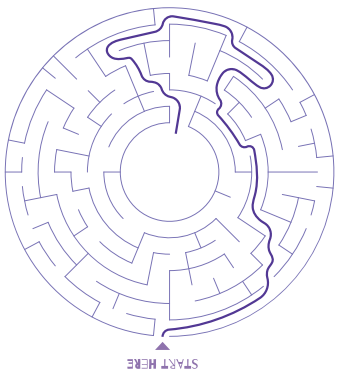
Mark off the items as you see them out the window,
and the first person to get five in a row (horizontally, vertically, or diagonally)
shouts **"Bingo!"** to win.

Yellow Truck	Gas Station	Cow	Bicycle	Water Tower
Bridge	Police Car	Semi Truck	Fire Truck	Stop Sign
State Line	Taxi	**FREE PLAY**	Tractor	Rest Stop
Camper	Eat Snacks	Lake	Train	School Bus
Traffic Light	Barn	Speed Limit Sign	Horse	Airplane

Spring maze

START HERE







Gather the backpack crossword puzzle



Answers: 1. Knife 2. Flashlight 3. Rope 4. Kettle 5. Lantern 6. Binoculars 7. Kit 8. Thermos 9. Map 10. Compass 11. Hat 12. Matches

Spring break family safety guide

Safe trips = happy memories.

General family safety

- Share your travel plans with a trusted person
- Keep recent photos of children on your phone
- Teach kids their full name and your phone number
- Set a family meeting spot at each new location
- Use ID tags on backpacks and luggage
- Supervise children closely in public areas

Beach, pool & water safety

- Swim only in designated areas
- Stay where lifeguards are on duty
- Children always swim with adult supervision
- Wear life jackets when needed
- Take frequent shade and water breaks
- Reapply sunscreen every 2 hours
- No running on wet pool decks

Health & wellness

- Pack daily medications in carry-on bags
- Bring a mini first-aid kit
- Wash hands before meals
- Drink water throughout the day
- Eat regular meals and snacks
- Get enough sleep and rest

Crowd & outing safety

- Use the buddy system at all times
- Do frequent headcounts
- Dress kids in bright or matching outfits
- Keep young children within arm's reach
- Teens should stay in groups and check in often

Digital & financial safety (parents & teens)

- Enable phone tracking
- Lock phones with Face ID or passcodes
- Avoid public Wi-Fi for banking
- Keep cards in more than one location
- Set spending limits for teens

Family pre-trip safety check

- [ ] Sunscreen packed
- [ ] Medications packed
- [ ] Emergency contacts saved
- [ ] Meeting spot discussed
- [ ] Phones fully charged
- [ ] First-aid kit packed

Emergency information (fill in)

Hotel name & room #: _____

Hotel address: _____

Local emergency number: _____

Nearest hospital/urgent care: _____

Emergency contact at home: _____



Road trip jokes



Cut out these jokes, and put them in a jar.
As jokes are needed, take them out to share.

Why did the teddy bear say no to dessert?
Because she was stuffed.

How does a cucumber become a pickle?
It goes through a jarring experience.

What has ears but cannot hear?
A cornfield.

Why did the dinosaur cross the road?
Because the chicken wasn't born yet.

What did the left eye say to the right eye?
Between us, something smells!

What did the nose say to the finger?
Quit picking on me!

Why did the kid cross the playground?
To get to the other slide.

What did the big flower say to the little flower?
Hi, bud!

Why was 6 afraid of 7?
Because 7, 8, 9

What do you call an alligator with a vest?
An investigator!

What kind of tree fits in your hand?
A palm tree.

Why didn't the orange win the race?
It ran out of juice.

Why did the cookie go to the hospital?
Because he felt crummy.

What did one wall say to the other wall?
I'll meet you at the corner!

How do you talk to a giant?
Use big words!

What do you call cheese that isn't yours?
Nacho Cheese!

What animal is always at a baseball game?
A bat.

Why can't you give Elsa a balloon?
Because she will let it go!

How do we know that the ocean is friendly?
It waves!

What did the zero say to the eight?
Nice belt!

What is a tornado's favorite game to play?
Twister!

What kind of shoe do ninjas wear?
Sneakers!

Beach day fun

Grab your sunscreen and wiggle your toes in the sand – it's time for some beachy fun! Whether you're building sandcastles, hunting for seashells, or playing by the waves, these activities are packed with sunshine and smiles. Let's dive in!



Beach tic-tac-toe

Use shells and pebbles as X's and O's and draw a grid in the sand. Feel free to be creative with what you use for the X's and O's.



Ocean potion

Set up a pretend lab using cups or jars and natural ingredients like seaweed, crushed shells, sand, and saltwater. Use a stick to mix potions and give them magical powers and silly names.



Rock balancing challenge

Find smooth stones and stack them into cool sculptures. This activity is great for patience and coordination.



Sand stamps

Make a stamped work of art by creating imprints in the sand using shells, toys, hands, or even flip-flop soles with interesting patterns.

Color me



Color me

